



Kerry Juvenile & Masters Track & Field Championships 7th & 8th of May 2016

At An Riocht Athletic Track, Castleisland

U9	60m, 300m, Long Jump, 4x100m Relay				
U10	60m, 500m, Turbo Javelin, 4x100m Relay				
U11	60m, 600m, Long Jump, 4x100m Relay				
U12	60m, 600m, High Jump, Turbo Javelin, 4x100m Relay				
U13	80m, 60mH, 600m, Shot, Long Jump, Javelin, 4x100m Relay				
U14	80m, 75mH, 200m, 800m, Walk (2K), High Jump, Discus, Hammer,				
	4x100m Relay				
U15	100m, 80mH, 800m, Long Jump, Shot, Javelin, 4x100m Relay				
U16	100m, 80mH/100mH, 200m, 250mH, 800m, 1500m, Walk (2K&3K),				
	Long Jump, High Jump, Triple Jump [Boys Only], Shot, Javelin, Discus,				
	Hammer, 4x100m				
U18	Hammer (Men Only)				
Junior	100m, 200m, 400m, 100mH/110mH, 400mH, 800m, 1500m, 3000m, 3K				
	Steeplechase (2'6"), Walk (3K), Long Jump, High Jump, Triple Jump,				
	Shot, Discus, Hammer, Javelin, , 4x100m, 4x400m				
Masters Men	100m, 200m, 400m, 800m, 3000m, HJ, LJ, Shot, 56lb, 4x100m				
Masters Women 100m, 200m, 3000m, LJ, Shot, 4x100m					

(Maximum variation from time table 1 Hour ahead) before 1pm After 1 p.m. all events can be brought forward as necessary according to progress

- All 200s,3/400s and short/long hurdles will be decided on times if more than 8 athletes (i.e. no finals). In the event of an electronic timing failure races maybe required to be rerun or order may be decided on hand times. The track referee will have discretion on the correct course of action.
- Qualification criteria for each round in track events except for the above may be based on a combination of time and place to be decided by track referee.
- All hurdles events will be at full specification for the age group that they are listed in the programme
- Athletes can move up <u>one age group</u> in field events if that event is not available for their age group

- In the field events all athletes will receive 3 attempts with the top 8 receiving 3 more attempts. Distance not beyond a certain measure or standard may not be measured
- All throwing implements will be at full specification for the age group that they are listed in the programme
- Athletes can move up **one age group** for Relays and at least 2 members of each relay team must be of the correct age group. Clubs found in constant breach risk fines, point deduction or disqualification from the remainder of the competition. The Junior 4x400m is confined to U17 upwards.
- For relays events, club must submit names of athletes prior to the start of the event
- All athletes must be technically efficient in the events they take part in for safety reasons. Any athlete deemed not technically proficient will be disqualified from that event. It is the responsibility of clubs to ensure technically proficiency in the entered event. Any club found in constant breach of this, risk fines, point deduction or disqualification from the remainder of the competition.
- All athletes must wear a club singlet.
- An entry system will operate for this event in order to accommodate electronic timing and event efficiency. Closing date for entries Tuesday 5th of May. There will be no charge for entries but a late entry charge may apply for excessive amount of entries given after this date. Submitting a large number of entries will be unworkable on the day so we would ask clubs to comply with this request. Athletes will not be allowed compete without a competition number. A 2015 registration number must accompany entry. A template entry form will made available on the Kerry Athletics website (www.kerryathletics.com). All entries online only to juvenilesecretary@kerryathletics.com.
- All appeals should be made in writing by club officials only, to the track/field referee within 30 mins of event completion along with appropriate fee.
- All cameras/video recording equipment must be registered at the entrance desk
- All athletes must comply with official's instructions on the day. Only athletes taking part in competitions are allowed in the in-field area. Spectators/parents or coaches are not allowed in the in-field area at any time.





Day 1

11am: Junior Men & Women 3000m

11.30am: U16 Girls (2' 3") 250mH Final

U16 Boys (2' 6") 250mH Final Junior Women (2' 6") 400mH Final

Junior Men (3'0") 400mH Final

11.45am: U9 Girls & Boys 60m Heats

U10 Girls & Boys 60m Heats U11 Girls & Boys 60m Heats U12 Girls & Boys 60m Heats U13 Girls & Boys 80m Heats U14 Girls & Boys 80m Heats

U15 Girls & Boys 100m Heats
U16 Girls & Boys 100m Heats
Junior Men & Women 100m Heats

Semi Finals of above if necessary

Finals of Sprints

2pm: U14 Girls & Boys 800m Finals

U15 Girls & Boys 800m Finals U16 Girls & Boys 800m Finals Junior Men & Women 800m Finals

3pm U9 Girls & Boys 4x100m Relay

U11 Girls & Boys 4x100m Relay U13 Girls & Boys 4x100m Relay U15 Girls & Boys 4x100m Relay

Junior Men & Women 4x400m Relay

Day 2

11.15am: U14 Girls & Boys 1000m Walk

U16 Girls & Boys 2000m Walk Junior Men & Women 3000m Walk Junior Men & Women 3k Steeplechase

12pm: U13 Girls 60mH (2' 3") Final

U13 Boys 60mH (2' 3") Final U14 Girls 75mH (2' 3") Final U14 Boys 75mH (2' 6") Final U15 Girls 80mH (2' 6") Final U16 Girls80mH (2' 6") Final U15 Boys 80mH (2' 9") Final Junior Women 100mH (2' 9") Final U16 Boys 100mH (2' 9") Final Junior Men 110mH (3' 3") Final

1.30pm: U14 Girls & Boys 200m Finals

U16 Girls & Boys 200m Finals Junior Men & Women 200m Finals

2pm: U10 Girls & Boys 500m Finals

U11 Girls & Boys 600m Finals U12 Girls & Boys 600m Finals U13 Girls & Boys 600m Finals U9 Girls & Boys 300m Finals U16 Girls & Boys 1500m Finals Junior Women 1500m Finals Junior Men 1500m Finals

3pm: Junior Women 400m Final

Junior Men 400m Final

3.30pm U10 Girls & Boys 4x100m Relay

U12 Girls & Boys 4x100m Relay U14 Girls & Boys 4x100m Relay U16 Girls & Boys 4x100m Relay Junior Men & Women 4x100m Relay





	Hammer	Discus	Shot	Javelin	HJ	LJ 1	LJ 2	TJ	TJav
				Saturday - Day 1					
10.00	Jun Men (6K) BU18 (5K) Jun Women (4k) BU16 (4K) GU16 (3K) BU14 (2.5K) GU14 (2.5K)								
11.00				Jun Men (800g)		BU9	GU11		GU10
11.30			Jun Women (4K)	` ' '	BU16				
12.00				GU13 (400g)		BU13	Jun Men		
12.30			BU13 (2K)		Jun Women				BU12
1.00				BU16 (700g)		BU15	BU16		
1.30			GU16 (3K)		GU14				
2.00				GU15 (400g)				Jun Women	
2.30			BU15 (3.25K)		GU12				
3.00									
				Sunday - Day 2					
11am		Jun Men (1.75K) BU18 (1.5K) Junior Women (1K) GU16 (1K) BU16 (1K) BU14 (.75K) GU14 (.75K)							
12.00				Jun Women (600g)		GU9	BU11		BU10
12.30			Jun Men (6K)		GU16		<u> </u>		
1.00				BU13 (400g)	L	GU13	Jun Women		
1.30			GU15 (2.72K)	01110 (500)	Jun Men	01145	01140		GU12
2.00			D1140 (516)	GU16 (500g)	Butt	GU15	GU16		
2.30	ļ		BU16 (5K)	DIME (500-)	BU14		1	DUIAO	
3.00	ļ		OLI40 (0K)	BU15 (500g)	DUIAO		1	BU16	
3.30	 		GU13 (2K)		BU12		-	Jun Men	
3.00	 				 		+		-
3.30	-				 		+		