



	Track	Field	
10am	Masters Men 100m	10am	Master Men Shot
	Masters Women 100m	10am	Masters Women LJ
10.30am	Masters Men 3000k	10.45am	Masters Men LJ
	Master Women 3000k	11am	Masters Women Shot
11am	Masters Men 200m	11.30am	Masters Men HJ
	Masters Women 200m	11.45am	Masters Men WF
11.30am	Masters Men & Women 400m Final		
11 45am	Masters Men & Women 4x100m		